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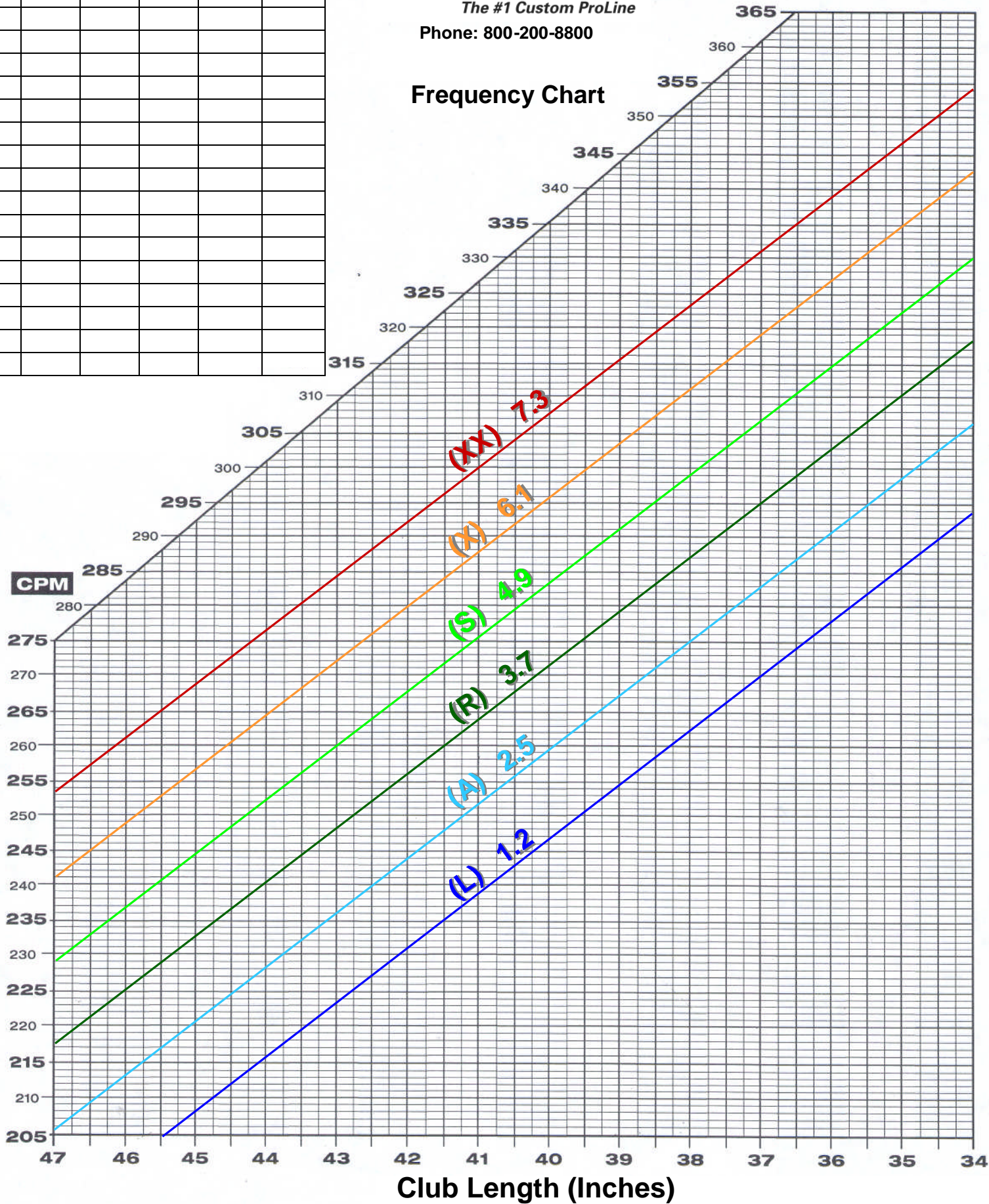


The #1 Custom ProLine

Phone: 800-200-8800

### Frequency Chart

CLUB	CPM	LENGTH	LOFT	LIE	SWING WEIGHT
1 W					
3 W					
5 W					
7 W					
9 W					
1 H/1 i					
2 H/2 i					
3 H/3 i					
4 H/4 i					
5 H/5 i					
6 i					
7 i					
8 i					
9 i					
PW					
AW					
SW					
LW					



## KZG Frequency Chart

This chart is to be used in conjunction with the recommended swing speed chart. Every shaft will play slightly differently depending on butt and tip diameter and weight. That is why we have 12 cycles between each flex. Know the shaft you are using and the profile it was designed for to create slopes for different shafts.



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Swing Speed 45" Driver (mph)	Swing Speed 37" 7 Iron (mph)	Industry Flex Designation	Flex Value	CPM Driver	CPM 7 Iron
120+	104 - 108	X-Stiff	7.3 - 7.7	269 - 273	331 - 335
114 - 118	100 - 104	X-Stiff	6.9 - 7.3	265 - 269	327 - 331
110 - 114	96 - 100	X-Stiff	6.5 - 6.9	261 - 265	323 - 327
106 - 110	92 - 96	X-Stiff	6.1 - 6.5	257 - 261	319 - 323
102 - 106	88 - 92	Stiff	5.7 - 6.1	253 - 257	315 - 319
98 - 102	84 - 88	Stiff	5.3 - 5.7	249 - 253	311 - 315
94 - 98	80 - 84	Stiff	4.9 - 5.3	245 - 249	307 - 311
90 - 94	75 - 79	Regular	4.5 - 4.9	241 - 245	303 - 307
86 - 90	71 - 75	Regular	4.1 - 4.5	237 - 241	299 - 303
82 - 86	67 - 71	Regular	3.7 - 4.1	233 - 237	295 - 299
78 - 82	63 - 67	Average	3.3 - 3.7	229 - 233	291 - 295
74 - 78	59 - 63	Average	2.9 - 3.3	225 - 229	287 - 291
70 - 74	55 - 59	Average	2.5 - 2.9	221 - 225	283 - 287
66 - 70	51 - 55	Average	2.1 - 2.5	217 - 221	279 - 283
62 - 66	46 - 51	Lite	1.7 - 2.1	213 - 217	275 - 279
57 - 62	41 - 46	Lite	1.2 - 1.7	208 - 213	270 - 275
53 - 57	38 - 41	Lite	0.8 - 1.2	204 - 208	266 - 270
49 - 53	34 - 38	Lite	0.4 - 0.8	200 - 204	262 - 266
45 - 49	30 - 34	Lite	0.0 - 0.4	196 - 200	258 - 262

These are general guides only. Different shafts play at different frequencies due to butt stiffness, tip stiffness, wall thickness and weight. Swing speed is but one factor in choosing the right flex. Tempo, angle of attack and hand and body motion are all factors in determining proper load and flex. Please use these as starting points.